

friendly, focused care

Dr. Andrea Trowers describes herself as someone lucky enough to be in love with her work. “Even if I won the lottery, I would be back at my practice the next day,” she says. Patients referred to Dr. Trowers feel similarly fortunate to have found this fellowship-trained doctor—not only with a top dermatological pedigree, but a penchant for giving everyone the opportunity to experience beautiful, healthy skin.

A board-certified dermatologist with a special interest in pediatrics, Dr. Trowers successfully combines traditional dermatology with a thriving cosmetic practice. “My philosophy is that once people are educated on the principles of skin care, almost everyone can achieve great skin,” says Dr. Trowers, who received her undergraduate degree from Georgetown University. She offers a full range of injectables. Chemical peels and laser hair removal are also popular treatments. “Regardless of what someone comes in for, we reserve 10 minutes for individual consultations on how, together, we can improve the appearance of their skin.” In addition to her talented aesthetician, Dr. Trowers has surrounded herself with a caring, tenured staff whose specialty is hand-holding—both literally and figuratively—during and after procedures. “It’s a comfort for patients and softens what could be a very clinical atmosphere,” she says. Aside from her considerable training, Dr. Trowers bases many of her aesthetic recommendations on her personal experience and that of her staff. “We are a living lab; every product and treatment has been tried by our staff, so we know what works.”

“Some people get very caught up in specific treatments instead of recognizing that something simpler and less expensive may be equally effective. My role is to provide my patients with the proper information, so they can make a more informed decision.” Dr. Trowers’ unusual Jamaican/German heritage makes her particularly sensitive to a diverse population with specific skin-care needs. But, ultimately, everyone’s goal is the same—beautiful skin and a more youthful appearance.

LOCATION
Miami, Florida
305.899.2511

WEB SITE
www.andreatrowersdermatology.com



BOARD CERTIFICATION
American Board of Dermatology

MEDICAL DEGREE
Emory University

INTERNSHIP
St. Joseph’s Hospital

DERMATOLOGY RESIDENCY
Case Western University

PEDIATRIC DERMATOLOGY FELLOWSHIP
University of Miami

AFFILIATIONS
American Academy of Dermatology
American Medical Association
American Society for Dermatologic Surgery
Women’s Dermatologic Society
International Society of Dermatology

PROCEDURES PERFORMED
Aesthetic Injectables: Botox®, Restylane®, Juvéderm™, Radiesse®, Evolence® and Dysport®
Melasma and Facial Discoloration Therapies
Laser Hair Removal
Chemical Peels
Facial Rejuvenation
Microdermabrasion
Customized Skin-Care Regimens
Medical Dermatology
Pediatric Dermatology

DR. ANDREA TROWERS

WHY DID YOU BECOME A DERMATOLOGIST

The motivating factor was the challenges I faced with my own skin **WHAT ATTRACTED YOU TO DERMATOLOGY**

In dermatology there are a number of conditions that can be cured, rather than just managed **WHAT FASCINATES YOU MOST**

The skin, of course **HOBBIES** Reading, trying new restaurants and cardio kickboxing with Danny Hawk at Normandy Gym **I’M NEVER WITHOUT**

My sense my humor **FAVORITE QUOTE** Great skin is the best accessory

INJECTABLE SAVVY

When it comes to injectables, Dr. Trowers has a buzzword she uses for her cosmetic patients: “**NATURAL AESTHETIC**.” “If injectables are misapplied, they can be artificial-looking,” she says. “My goal is to enhance and restore what sun damage, intrinsic aging of the skin and weight changes have stolen, resulting in a refreshed appearance.” In Dr. Trowers’ experienced hands, the multiple applications of semi-permanent injectables take form, as her aesthetic eye allows her to sculpt the face. Because of her intimate knowledge of the skin and the effect of various injectables, patients get the full benefit of what each product can provide. “I use a **FULL SUITE OF INJECTABLES** in various ways for the best outcome. Botox helps lessen the creases between the brows and Restylane **MINIMIZES MILD TO MODERATE FACIAL WRINKLES**, like nasolabial folds.” Dr. Trowers practices the “flywheel effect,” a term often heard in business where down-to-earth, pragmatic regimens continually yield great returns—in this context, beauty. “There is no quick fix, but if you stay the course and commit to a maintenance program of **SMART SKIN CARE** and injectables, you don’t have to come and see me all the time. Once I prime your skin, I can set you free to be a walking advertisement for my practice.”

INSIDE INFORMATION