

Dr. Andrea Trowers

Miami, Florida

ASK DR. TROWERS

IN WHAT WAYS ARE YOU AND YOUR TEAM PATIENT ADVOCATES?

I base many of my aesthetic recommendations on my personal experience and that of my staff. We are a living lab; every product and treatment has been tried by our staff, so we know what works.

HOW DO YOU HELP PATIENTS DISCERN BETWEEN DIFFERENT PRODUCTS AND PROCEDURES?

Some people get very caught up in specific treatments instead of recognizing that something simpler and less expensive may be equally effective. My role is to provide my patients with proper information.

HOW DOES YOUR BACKGROUND SERVE PATIENTS WELL?

My unusual Jamaican/German heritage makes me particularly sensitive to a diverse population with specific skin-care needs. But, ultimately, everyone's goal is the same—beautiful skin and a more youthful appearance.

Reading between the lines

When it comes to injectables, Dr. Trowers has a buzzword she uses for her cosmetic patients: "natural aesthetic." "My goal is to restore what sun damage, intrinsic aging and weight changes have stolen," says Dr. Trowers, who has extensive experience, particularly under the eyes—where dark bags, crevices and depressions are ever-present. "As we age, we lose fat under our eyes, resulting in a sunken, tired-looking effect." Dr. Trowers therefore incorporates a variety of nonsurgical modalities. "I will adapt my techniques in accordance with one's respective aging symptoms, whether they're related to concave hollows, fine lines or texture irregularities," says Dr. Trowers, who chooses to inject herself rather than let another member of her team perform her filler and Botox procedures. "It gives patients a high degree of security, as they can examine my face, firsthand."



NONSURGICAL
DERMATOLOGY

WHAT TREATMENTS CAN HELP IMPROVE BOTH TEXTURE AND TONE?

Regardless of what someone comes in for, we reserve 10 minutes for individual consultations on how, together, we can improve the appearance of their skin. Unfortunately though, there is no quick fix or a single solution. You must stay the course and commit to a nonsurgical maintenance program of smart skin care and injectables. Adjuncts like chemical peels and laser hair removal are also popular treatments that can further enhance your efforts by refining overall skin integrity.

“great skin is the best accessory”

DR. ANDREA TROWERS DESCRIBES HERSELF AS SOMEONE LUCKY TO BE IN LOVE WITH HER WORK. “EVEN IF I WON THE LOTTERY, I WOULD BE BACK AT WORK THE NEXT DAY.” PATIENTS REFERRED TO DR. TROWERS FEEL SIMILARLY FORTUNATE TO HAVE FOUND THIS FELLOWSHIP-TRAINED DOCTOR—NOT ONLY WITH A TOP DERMATOLOGICAL PEDIGREE, BUT A PENCHANT FOR GIVING EVERYONE THE OPPORTUNITY TO EXPERIENCE BEAUTIFUL SKIN. WITH AN INTEREST IN PEDIATRICS, DR. TROWERS COMBINES TRADITIONAL DERMATOLOGY WITH A THRIVING COSMETIC PRACTICE. “MY PHILOSOPHY IS THAT ONCE PEOPLE ARE EDUCATED ON THE PRINCIPLES OF SKIN CARE, EVERYONE CAN ACHIEVE GREAT SKIN.”

MEET THE EXPERT

Dr. Andrea Trowers

American Board of Dermatology

SERVICES OFFERED

Aesthetic Injectables: Botox®, Restylane®, Juvéderm®, Radiesse®, Dysport™ and Perlane®
Melasma and Facial Discoloration Therapies
Laser Hair Removal
Chemical Peels
Facial Rejuvenation
Microdermabrasion
Customized Skin-Care Regimens
Medical Dermatology
Pediatric Dermatology

ABOUT DR. TROWERS

WHY DID YOU BECOME A DERMATOLOGIST?

The motivating factor was the challenges I faced with my own skin. In dermatology there are a number of conditions that can be cured, rather than just managed, which was a really strong differentiating factor as well.

WHAT FASCINATES YOU MOST ABOUT THE HUMAN BODY?

The skin, of course.


HOW DO YOU SPEND YOUR FREE TIME WHEN NOT IN THE OFFICE?

I really like reading, trying new restaurants and cardio kickboxing.

MEDICAL DEGREE
Emory University

LOCATION
Miami, Florida

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 To learn more about the practice visit
andreatrowersdermatology.com